

אָדער שײַט אַל אַזוי בְּעֵינֵי הַנִּהְגֻּת הַתְּקָרְבוֹת לַהֲשֵׁם

Through Prayer, Everything

THE TEACHING

A man asked Rebbe Nachman how to draw close to Hashem (הַתְּקָרְבוֹת לַהֲשֵׁם יִתְבָּרֵךְ). The Rebbe's first answer was simple: learn Torah. The man said honestly: "הֲלֹא אֵינִי יָכוֹל לְלַמֵּד", "but I am not able to learn."

MAIN POINTS

- The Rebbe answered: "עַל־יְדֵי תַפִּלָּה יְכוּלִין לָבוֹא לְכָל", "through prayer one can come to everything."
- To all good, to Torah and divine service (תּוֹרָה וְעֲבוּדָה), to all holiness and to all the good in all the worlds. Prayer (תַּפִּלָּה) is the doorway to all of them.
- Another time he said: if a dead person were allowed back into this world just to pray, he would surely pray beautifully, with all his strength ("יָפֶה יָפָה בְּכָל כֹּחַ").

A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

No one is shut out. Whoever feels unable to learn can still pray, and through prayer come to everything.

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