

שְׁמַעְתִּי מִפִּי הַקָּדוֹשׁ, שֶׁהָיָה כָּתוּב אֶצְלוֹ תוֹרָה

Three Heads on Rosh Hashanah

THE TEACHING

Reb Noson heard from the Rebbe's own mouth that he had a teaching written down about Rosh Hashanah (ראש־הַשָּׁנָה): that one must travel to the tzaddikim for Rosh Hashanah. It explained how three "heads" (רָאשִׁים) gather on Rosh Hashanah when one merits to be with the tzaddik.

MAIN POINTS

- The first is the tzaddik (צַדִּיק) himself, called a head, ראש, "כִּי הוּא רֹאשׁ בְּנֵי יִשְׂרָאֵל": "for he is the head of the Children of Israel."
- The second is Rosh Hashanah, the head of the year.
- The third is each person's own head: everyone comes to the tzaddik with his mind and understanding (מַחֲוָה וְדַעְתּוֹ) and binds the mind in his head to the tzaddik, the head of Israel, on the head of the year.
- So three heads are gathered together.
- The Rebbe had a complete teaching on this, but Reb Noson writes: "וְלֹא זָכִיתִי לְקַבֵּלָהּ", "I did not merit to receive it."

A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

On Rosh Hashanah, the head of the year, bring your own head too: your thoughts, your understanding and your attention, and bind them to the true tzaddik.

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