

“כִּי אֲנִי ה' רִפְּאֵךְ”

(שמות טו:כו)

I Am Hashem Your Healer

THE TEACHING

A teaching of one line, on a verse of healing: “כִּי אֲנִי ה' רִפְּאֵךְ” (שמות טו:כו), “for I am Hashem your Healer.”

MAIN POINTS

- Rebbe Nachman notes that the first letters of these words (ראשי תיבות) are the first letters of “אָמֵן כֵּן יְהִי רְצוֹן”: Amen, so may it be His will.
- So every Amen we answer, and every prayer that it be His will, is bound up with Hashem's promise of healing.
- The Hebrew adds that the matter is explained elsewhere (וְעֵין בְּמָקוֹם אֲחֵר).

A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

Answer Amen with your whole heart, and add: so may it be His will. Healing is hidden inside it.

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