

“אֵל אֲשֶׁר יִהְיֶה שָׁמָּה הָרוּחַ לְלֶכֶת יִלְכוּ”

(יחזקאל א:יב)

The Wind That Kindles the Heart

THE TEACHING

A short teaching on wind (רוח), fire and the heart (לב). The Tikkunei Zohar teaches:

“כָּלֵהוּ עֲרֻקֵּי דְלִבָּא מִתְנַהֲגִין בְּתַר רוּחָא” (תיקוני זוהר), “all the heart’s vessels follow the breath” that the lungs blow onto it; without it the heart’s heat would burn up the whole body.

Wind can blow a candle out, and it can light one that went out: blowing clears away the dust, the sparks join again, and it burns. So the leaders of the generation must blow on every Jew, so that each heart burns again for Hashem, and in measure.

MAIN POINTS

- A flame dies when dust (עֲפֻרִיּוֹת) falls on it and its sparks fall apart. Blowing clears the dust, and the sparks join and burn again.
- The leaders of the generation are רִיחַ “אִישׁ אֲשֶׁר רוּחַ בּוֹ” (במדבר כז:יח), one who knows how to meet each person’s spirit. And Israel is the heart: “יִשְׂרָאֵל הֵם לִבָּא דְכָל עֲלָמָא” (זוהר פנחס), “Israel is the heart of the whole world.”
- The dust is the sadness (מְרָה־שְׁחוּרָה) that falls on a Jew, and also the wicked, the עֲרֻב־רַב, who weigh on Israel. The leaders blow it away, the sparks in each Jew join, Israel is bound together as one heart, and each one burns again for Hashem.
- But a stormwind (רוּחַ סְעָרָה) makes the fire burn beyond measure: a passion to climb higher than one’s level, “פֶּן יִהְיֶה רִסּוֹ לְעֵלּוֹת אֶל הַיְי” (שמות יט:כד), “lest they break through to go up to Hashem”, and “בְּמִפְּלֵא מִמֶּדֶּה אֶל תִּדְרֹשׁ” (חגיגה יג.), “do not seek what is beyond you.”
- Eliyahu could tame it: “אִישׁ אֲשֶׁר רָכַב עַל סוּסֵי אֵשׁ בְּסַעְרָה”, he rode the horses of fire in the storm and mastered them. The wind must blow in measure, so that the heart’s fire burns in balance.

A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

When your heart feels cold, go to someone whose words can clear away the heaviness. And when your heart races ahead of you, slow down: a steady fire lasts.

<https://breslovai.com/tinyana/009/>

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