

מי שרק מתנוצץ לו השם יתברך, כשעושה

When Hashem Shines to a Person

THE TEACHING

Rebbe Nachman speaks about “מי שרק מתנוצץ לו השם יתברך”, someone to whom Hashem merely glimmers, even one who has only begun to glimpse His light.

MAIN POINTS

- When such a person does, Heaven forbid, even one thing not as it should be in complete wholeness (בשלמות).
- Not a trace of sin (נדנוד עברה), not a real physical desire; only that he did not do it “בתכלית שלמות הקדשה”, with the utmost wholeness of holiness.
- For such a person it is fitting that his soul should utterly expire from the intensity of his regret and shame (החרטה והבושה).
- Our explanation: this is a measure of sensitivity, not a call to despair. Just one teaching earlier (II:112) the Rebbe said: if you believe you can damage, believe you can repair.

A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

The more light a person sees, the more he feels even a small shadow. Let it lead to care and teshuvah (תשובה), not to a fall.

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