

ספרו לי נאמר, שמקטן ועד גדול אי

The Road of Every Tzaddik

THE TEACHING

Reb Noson was told that Rebbe Nachman said: “מקטן ועד גדול”, from the smallest to the greatest, it is impossible to be a truly upright person (איש כשר באמת) except through private conversation with Hashem, התבודדות.

This is the road of every true tzaddik (צדיק), and it comes down to us from King David, whose whole work was breaking his heart before Hashem.

MAIN POINTS

- He mentioned many famous, genuine tzaddikim by name, and said that every one of them reached his level (מדרגה) only through hisbodedus.
- He also pointed to one simple man, a grandson of the Baal Shem Tov, and said: this one too pours out his words before Hashem every time, “בבכייה גדולה”, with great weeping.
- The descendants of the Baal Shem Tov are especially used to this, because they come from the line of King David (דוד המלך).
- King David's whole work was this: he would always break his heart before Hashem (משבר לבו). And that is the essence of the Book of Tehillim (ספר תהלים), which he founded.

A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

When you say Tehillim, you walk in King David's footsteps; and when you add your own words, you walk the road of every tzaddik.

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