

עוד שמעתי בשמו לענין מעלת השיחה בינו

A New Road for Prayer

THE TEACHING

Rebbe Nachman spoke about the special worth of a person's own conversation with his Maker (השיחה בינו) (לביין קונו). The prayers, supplications and requests that were set down long ago are already known to all the destroyers and accusers (המחבליים והמקטרגים), and they lie in wait along the roads of those prayers.

But the words a person speaks himself are “דֶּרֶךְ חָדָשׁ וְתַפְלָה חָדָשָׁה”, “a new road and a new prayer”, said fresh from his heart, so the accusers are not found waiting there so much.

MAIN POINTS

- It is like “הַדֶּרֶךְ הַכְּבוֹשָׁה”, a well-trodden highway that everyone knows: that is just where murderers and robbers always lie in wait, since they already know the road.
- But when one walks a new path (נִתְּיב וְדֶרֶךְ חָדָשׁ), a road not yet known, they do not know to lie in wait there at all.
- So it is with prayer: a person's own conversation with Hashem, said “מִלְּבוֹ מְחֻדָּשׁ”, freshly from his heart, is that new road.
- And yet Rebbe Nachman strongly warned to also say the other supplications and requests (שְׁאָר תַּחֲנוּנוֹת) (וּבִקְשׁוֹת), as he taught many times.

A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

The set prayers are our shared highway; keep walking it. But each day, also open a small path of your own, in your own words.

<https://breslovai.com/tinyana/097/>

These shiurim were created with the help of AI and may contain errors. Please check with a rav or the original text before relying on them. English text is our own paraphrase of the Hebrew; the takeaway is our own reflection, not a quotation. Quotations are in Hebrew from the original text, with their sources.

השיעורים נוצרו בעזרת בינה מלאכותית ועלולים להכיל טעויות.



Scan for the videos
לשיעורים