

# מה שנוהגים לתן ברכה להאיש המביא המשקה

## The One Who Carries the Drink

### THE TEACHING

Why do we give the man who carries the wine or drink to the guests, or at a wedding (חתונה), some of it to make a bracha (ברכה)? The Rebbe explains the custom from the Zohar (זהר).

There are things that are “נשאִים וְנוֹשְׂאִים”, carried and carrying: people carry them, yet in truth they carry their carriers. So the one who carries the drink is lifted up by it.

### MAIN POINTS

- The Merkavah (מֶרְכָּבָה) “נִשְׂאָת וְנוֹשֵׂאת”, is carried and carries. And the Ark (אֲרוֹן): “שָׁהִיו נוֹשְׂאִים אוֹתוֹ וְהוּא נֹשֵׂא אֶת נוֹשְׂאָיו”, they carried it, and it carried its carriers.
- בְּרַכָּה is the first letters of “כִּי רוּחַ הַחַיָּה בְּאוֹפָנִים” (יחזקאל א:כ), “for the spirit of the living being was in the wheels.”
- The wheels (אוֹפָנִים) carry the living beings (חַיִּוֹת), and the living beings carry them; and truly the Merkavah carries all.
- So the carrier is given a bracha: “הוּא נוֹשֵׂא אֶת הַמִּשְׁקָה, וְעַתָּה הַמִּשְׁקָה מְנוֹשֵׂא אוֹתוֹ”, “he carries the drink, and now the drink lifts him up.”

### A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

*The one who serves others is carried by what he carries. Bringing something good to others lifts you up too.*

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