

גִּדְּלֵי יִקְרַת הַמַּחְשָׁבָה נוֹדַע לִי עֲתָה. כִּי

The Preciousness of Thought

THE TEACHING

Rebbe Nachman said: “גִּדְּלֵי יִקְרַת הַמַּחְשָׁבָה נוֹדַע לִי עֲתָה”, “now I have come to know how precious thought (מַחְשָׁבָה) is.” From a thought, complete things are made, which last as long as the worlds last.

Wisdom (חִכְמָה) is more precious still. And the main thing is truth: “וְעֵקֶר הַדָּבָר – שִׁיְהִיָּה בְּאֵמֶת”, “the main thing is that it be in truth.”

MAIN POINTS

- A thought is very precious: whole, real things are made from it, and they endure as long as the worlds endure.
- Thought is what merely rises in the mind; wisdom builds structures (בְּנִינִים) in the intellect, and that is very precious.
- Even a new plain explanation (פְּשָׁט) is a great thing, and it too must be in truth.
- And the reverse: without truth, things of the opposite kind are made from it.

A PRACTICAL TAKEAWAY · OUR OWN REFLECTION

Every thought builds something that lasts. Guard your thoughts; think true thoughts and learn with honesty, and what you build will stand.

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